



Building healthy companies...One employee at a time.



Username: BCS_ first initial of first name followed by last name (example: BCS_jdoe)
New Password: Last 4 digits of your social security number

Dear Wellness Participant:

We would like to take this opportunity to invite you to another year of BeWell Barberton! Be Well's mission is to help you live a longer, healthier, and more productive life. As such, we would be delighted to have you participate in the 2018 wellness program.

To kick off this year of wellness, please join us for a **Health Screening** on September 29, 2017 at Barberton's High School Show Gym. If you have participated in the past, the screenings are remaining the same and will include tests for glucose, cholesterol, blood pressure and body mass index. You will be considered an active wellness participant and will be eligible for our Health Plan's incentives for 2018 by following the steps below.

- **Register** online by going to portal.bewelldata.com and entering your username and password (see the box above.) If you have not logged on before, you may need to complete the required fields on your profile page in order to continue.
- **Complete** the **confidential** Health Risk Assessment (see instructions on back). **Even if you completed the questionnaire last school year, we ask that you repeat the assessment by November 3, 2017. Your answers to any prior questionnaires have been removed and stored. The rest of your wellness account and information remains the same.**
- **Schedule** a screening appointment online. See instructions on the back of this letter about how to schedule your on-site biometric screening appointment. Choose the time that best fits your schedule. If you do not have access to a computer, please call us at (888) 935-7378 to schedule your screening appointment.
- **Participate** in a Biometric Screening, either on-site at Barberton High School on September 29, from 6:00 – 12:00 pm. You may also see your own personal physician and submit a Physician Screening Form. *Please remember that in order for results to be valid, you should not eat or drink anything except water for eight to ten hours prior to screening. People with diabetes do not have to fast. All participants should drink water prior to their screening to stay hydrated.*

If you are unable to be screened onsite on September 29, 2017:

- You may go to your doctor to get the required tests or send results from screenings completed after January 1, 2017 to Be Well Solutions. Use the Physician Screening Form from the Personnel Office. Sign the Release of Information portion and take it to your doctor. Your doctor will need to enter the results of your screening and sign the form. Once completed, you or your physician can fax the form to (440) 498-1366 *no later than November 3, 2017. Please make sure that all of the requested information is fully completed.*

Once you have submitted the results of your Biometric Screening to Be Well Solutions, you will be registered as a wellness participant and will be eligible for any associated discounts. Throughout the year, we may reach out to you to help improve your chances of staying healthy.

If you have any questions, please call us at (216) 378-0888 or (888) WEL-SERV (935-7378).

In Good Health,

Be Well Solutions

When you share your biometric results, participate in the survey, or participate in future screenings, you acknowledge the following: “I understand that I am voluntarily providing the information on this survey to Be Well Solutions and it will be kept confidential and not shared with my employer. My employer will not have access to this information. I also understand that if I discuss or share this information or any of my personal medical information with my co-workers or other individuals within the company, I do so at my own discretion and of my own free will. I further understand that this year my screening results will be shared with NFP, Be Well’s strategic partner, for the purposes of administering the wellness incentive program.”

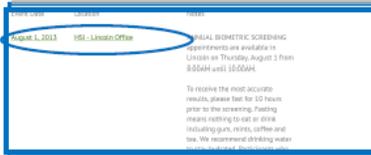
Wellness Participants

Below are Instructions to Schedule Biometric Screening Appointments.

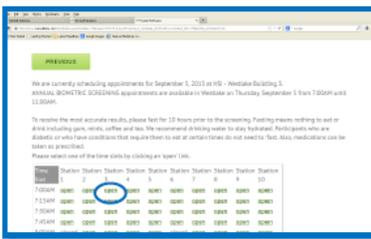
1. Go to bewelldata.com and login with your username and password. You may be asked to register before you proceed to step 2 below.



2a. When home screen appears, click on “My Health Risk Assessment” and complete the survey.

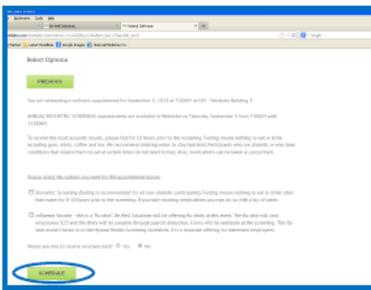


2b. Once your HRA is complete, return to the home screen and click on “Worksite Screening Appointment.”



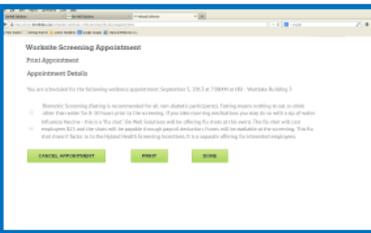
3. Click on the date and location of the screening that you want to attend.

4. Click on one of the open times in the schedule that works for you.



5. On the next page, you will sign up for the biometric screening. Also, you can choose to receive an e-mail reminder 24 hours before your appointment.

Click schedule when you are finished selecting your screening preferences.



6. When you are finished scheduling your appointment, a confirmation will appear that you can print.

Click “done” to return to your home page or “cancel appointment” to change your appointment.